

on the go! YOUR ULTIMATE THINGS TO DO LIST



2

POCKET THIS!

Pick up the perfect pocket-size palette – your essential on-the-go party piece. Clinique's Strawberry Fudge Holiday Compact, £25, has a trio of delicious eyeshadows that range from soft pink to a more intense dark slate for an elegant evening look. And the vintage rose blush will give you that all-important youthful glow.



3

STAY HERE!

Be one of the first to check in to Dubai's highly-anticipated boutique resort, One&Only The Palm opening this month. Choose your spot on the 450m private beach, dip your toe in the 850m² swimming pool or relax in the spa, set amid ponds, fountains and open courtyards. Oh, and did we mention the three restaurants run by a Michelin-starred chef? Rooms from £500 per night (oneandonlyresorts.com).



4

SOAK UP SOME SUN!

If you're starting to feel SAD this winter, it's time to get yourself a serious dose of sunshine – and without leaving the country. Real Sunlight – the saviour of sufferers

of seasonal affective disorder – is available at London's Wholistic Medical Centre in Harley Street, the five-star The Grange St Paul's hotel, and Spa at Presence in Watford. During each session you'll get at least 60 minutes of safe, nourishing sunbathing in a multi-sensory sunroom. You can even choose from any of the following sun cycles (with temperatures reaching up to 30 degrees): Miami – 60 minutes of full daylight; Mauritius – 45 minutes of full daylight followed by 15 minutes of glowing sunset; and Bali – 60 minutes of glowing sunset. This little shot of sunshine costs from £20 for 30 minutes and £35 for an hour (realsunlight.co.uk; 0845 680 0853).



SHE rocks!

5

Give your Christmas table that extra wow-factor with jewellery designer Lara Bohinc's limited edition bottle sleeves for Turning Leaf wine, £35. Lara's home dining range also includes this oh-so stylish candle, £50 (020 7730 8194). ▷

